Nutrition Virtual day 2/20/2019

Directions: Watch the video and answer the questions below. When you are finished, email to [bclark@usc.k12.in.us](mailto:bclark@usc.k12.in.us)

<https://www.youtube.com/watch?v=QtqLAS5rgGQ>

1. What does a partial obstruction mean?
2. What does a total obstruction mean?
3. Why would you encourage someone to cough?
4. What is the wrong thing to do?
5. What should you do if the person can’t cough?
6. How do you perform the Heimlich maneuver?
7. How do you help an unconscious person?
8. How can you help yourself if you are choking?
9. How can you modify the Heimlich for someone with a bigger belly?
10. How can you save an infant?
11. How can you save a child older than one year?
12. How do you save an unconscious child?